

The Joy Of Parenting Teenagers

February 24, 2015

7:00 P.M. WVHS LMC



Your Child's 7 Emotional Needs

This seminar will cover techniques for helping your children experience high self-esteem, connection and win/win cooperation with parents, siblings and friends. .

Presented by
Lee Giacalone,
Certified Parent Educator
Heart-2-Heart Parenting

March 10, 2015 7:00 P.M. WVHS LMC



Taming the Tiger: Anger Management

It is inevitable that we will get angry at times, but how we manage our anger will determine if it is destructive or productive. This seminar will focus on ways to manage our own anger as well as how to guide our children in managing theirs.

Presented by
Karen Leonard, WVHS Guidance Counselor
Gina Bogin, Ph.D., LCSW



March 3, 2015 7:00 P.M. WVHS LMC

Four Years to Independence: Ideas to help your child be ready



Colleges report that a common student's have is simply not being ready to live on their own. Whether going off to college or not, will your child be ready to live on their own? How can you help him be ready? How can you help her learn to think for herself and make smart choices when you are not around to guide her? Join us as we share ideas to get your child ready.

Deb Kimminau, WVHS Educator will speak.

All seminars are at Waubonsie Valley High School in the LMC 2590 Ogden Ave. 7PM

If you have any questions, please contact:
Gina Bogin, Ph.D., LCSW,
WVHS Social Worker, and
Program Coordinator
630-375-3349

